

Q U A K E R L A K E C A M P

# Weekend of Wellness

February 24 to 26

two thousand and twelve

## Women's Retreat

// Worship // Relax // Fellowship //

open to women of all ages

**Arrive: Friday 5pm to 7pm**

A light dinner will be available from 5:30pm - 6:30pm

**Depart: Sunday at 12pm**

**Cost \$60**

(Meals and Lodging Included)



Not able to stay for the whole weekend?

Arrive: **Saturday 8am to 9am**

Depart: **Saturday evening**

**Cost \$40**

(Meals Included)

**Don't forget to bring:** Snack and Drink to Share, Tea Cup & Saucer, Toiletries / Towels, Bedding (twin size), Comfortable Clothing, Exercise Clothing / Shoes (Optional)

### Activity Options Include:

Hiking\*, Sewing, Bible Study, Cooking Demonstrations, Stretch Class, Crafts, Couponing, Organizing, Jewelry Making, Aerobics, Art, Climbing Tower Swing\*, Zumba, Movies, Games, and many more fun activities!

\*Weather Permitting

**New!**



### Create Your Own Masterpiece!

Follow along with Sarah Lytle, a local artist, who will give you stroke-by-stroke instructions to create your own work of art! (Additional Cost. See registration form for details.)

### It's Tea Time!

Saturday, February 25th at 4 o'clock in the afternoon



Bring a special or favorite tea cup and saucer to share about and use as you join us for afternoon tea. Tea party attire is welcome!

**Mail Registration Form and Payment by February 20th to:**  
North Carolina Yearly Meeting  
4811 Hilltop Road  
Greensboro, NC 27407  
For more information: (336) 674-2321

**Massage Therapy Available**

(Additional Cost. Sign-up upon arrival.)

QUAKER LAKE CAMP



[www.quakerlakecamp.org](http://www.quakerlakecamp.org)